

21 DAY FIX

**SIMPLE TRAINING
SIMPLE PRACTICE
FAST RESULTS**

- FITNESS ASSESSMENT
- IDENTIFICATION OF WEAK SKILLS
- FULL SWING BUILDING
- ON COURSE COACHING
- BEFORE VIDEO & AFTER VIDEO
- FREE EDUFII ACCOUNT OF ALL 21 DAYS ON VIDEO
- NUTRITIONAL EDUCATION
- MENTAL GAME (CERTIFIED COACHING)
- RED ZONE GOLF COMBINE REPORT CARD (SHORT GAME EVALUATION)

**ARE YOU TIRED OF BEING THE MOST HONEST GOLFER?
ARE YOU TIRED OF BEING FRUSTRATED DURING OR AFTER THE ROUND?
ENJOY THE GAME AGAIN!**

ONLY 10 SPACES AVAILABLE - #TAKEACTION #MAKETHISYEARYOURYEAR

**WHY? BECAUSE IT'S ONE-ON-ONE DIRECT COACHING
WITH JASON HELMAN**

21 DAYS - CONTACT FOR PRICING

**CONTACT
JASON HELMAN**

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**PGA OF CANADA TEACHER OF THE YEAR
GOLF DIGEST - TOP 5 TEACHER IN CANADA LIST
TOUR COACH ON MAJOR TOURS
SEVERAL STUDENTS RECEIVED U.S. SCHOLARSHIPS**